



WEEK 1 MENU

13th April. 4th, 25th May. 15th June
6th July. 7th, 28th Sept. 19th Oct



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Rainbow Stir Fry with Egg Noodles Low-carbon veggie stir fry with egg noodles that is good for you and the planet. 	Plant-Power Hot Dog with Wedges Quorn hot dog with oven baked potato wedges. 	Planet-Friendly Savoury Mince with Golden Roasted Potatoes & Yorkshire Pudding Quorn mince served with roasted potatoes and Yorkshire pudding. 	Garden Pasta Bake with Garlic Bread Cheese, tomato, lentil and veggie pasta bake served with garlic infused bread. 	Golden Nuggets with Chips & Ketchup Quorn dippers served with chips & tomato ketchup.
Hand-Stretched Margherita Pizza with Garlic & Herb Potatoes 	Hot Dog with Potato Wedges 	Roast Gammon with Golden Roasted Potatoes, Yorkshire Pudding and Gravy 	Chinese Chicken with Fluffy Rice Honey and soy chicken served with rice. 	Battered Fish with Chips & Ketchup
Sweetcorn & Peas 	Mixed Veggie & Coleslaw 	Carrots & Cabbage 	Sweetcorn & Broccoli 	Peas, Baked Beans & Mushy Peas
Vanilla Ice Cream	Vanilla & Peach Sponge 	Chocolate Shortbread 	Pear & Berry Sponge with Custard 	Custard Biscuit



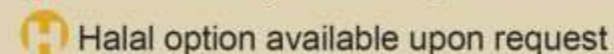
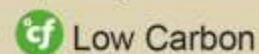
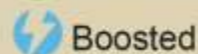
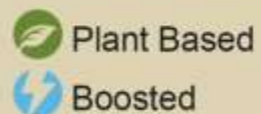
PLANT-BASED JACKET POTATO

Unless specified, all our desserts are vegetarian.



Low carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at www.eatcoolfood.org

Menu Key:



Feeding Hungry Minds



WEEK 2 MENU

20th April. 11th May. 1st, 22nd June
13th July. 14th Sept. 5th Oct



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Tangy Chilli Fajita with Fluffy Rice Low-carbon veggie chilli fajita served with rice.</p> <p> </p>	<p>Happy Bite Burger with Paprika Wedges Quorn burger served with paprika potato wedges.</p> <p></p>	<p>Cheesy Puff Power with Golden Roasted Potatoes & Gravy Cheese & tomato puff served with roasted potatoes and gravy.</p> <p></p>	<p>Chef's Special Pasta Bolognese with Garlic Bread Low-carbon veggie pasta bolognese served with garlic infused bread.</p> <p> </p>	<p>Sunny Garden Frittata with Chips Cheese, tomato and red onion frittata served with chips.</p> <p></p>
<p>Hand-Stretched Margherita Pizza with Tomato Pasta Salad</p> <p></p>	<p>Beef Burger with Paprika Wedges</p> <p></p>	<p>Roast Chicken with Golden Roasted Potatoes, Yorkshire Pudding & Gravy</p> <p></p>	<p>Cheesy Beef Melt with Potato Wedges Beef Sloppy Joe Melt served with potato wedges.</p> <p> </p>	<p>Fish Fingers with Chips & Ketchup</p>
<p>Sweetcorn & Coleslaw</p> <p></p>	<p>Peas & Mixed Salad</p> <p></p>	<p>Carrots & Cauliflower</p> <p></p>	<p>Roasted Mediterranean Veggies & Green Beans</p> <p></p>	<p>Peas, Baked Beans & Mushy Peas</p> <p></p>
<p>Strawberry Frozen Yoghurt</p>	<p>Apple Crumble with Ice Cream</p> <p></p>	<p>Chocolate & Raisin Oat Dream Cookie</p> <p></p>	<p>Pineapple Upside Down Cake with Custard</p> <p></p>	<p>Chocolate Brownie</p> <p></p>



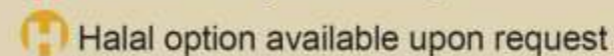
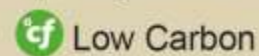
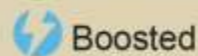
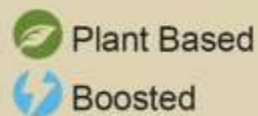
PLANT-BASED JACKET POTATO

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Menu Key:



Feeding Hungry Minds



WEEK 3 MENU

27th April. 18th May. 8th, 29th June
20th July. 31st Aug. 21st Sept. 12th Oct



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Planet-Friendly Chinese Rice Low-carbon Chinese vegetable rice. 	Bouncy Beans Wrap with Wedges Cheese and baked beans wrap with potato wedges. 	Green Earth Curry with Fluffy Rice Low-carbon veggie curry with rice. 	Scrumptious Mac & Cheese with Tomato Focaccia Bread 	Plant Street Tacos Roasted veggies and bean taco served with chips.
Hand-Stretched Margherita Pizza with Sweet Potato Wedges 	Singapore Chicken Noodles 	Roast Pork with Golden Roasted Potatoes, Yorkshire Pudding & Gravy 	Sausage Roll with Potato Wedges 	Fish Finger, Chips & Ketchup
Mixed Salad & Sweetcorn 	Veggie Medley 	Carrots & Broccoli 	Sweetcorn & Coleslaw 	Peas, Baked Beans & Mushy Peas
Fruit Ice Lolly 	Chocolate Fudge Sundae	Lemon Shortbread 	Chocolate & Pear Sponge with Chocolate Sauce 	Orange Jelly & Mandarins



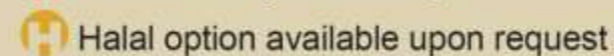
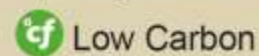
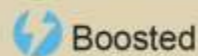
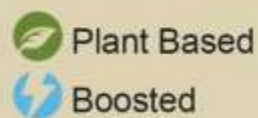
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